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A world without shopping?

Can there be a world without shopping? Some young people in Buenos Aires think so – they've brought **the freegan movement** to Latin America. They claim to live only on what others throw away- scavenging from bins, urban allotments, and swapping events.

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Can you live just on what other people throw away? Ariel claims he does.

This 34 year old Argentine freegan finds most of his food in bins - or asks shops and restaurants for fruit and veg that would otherwise go to waste.

He also takes food from urban trees - like this avocado plant.

[...]

To help other people avoid shopping, Ariel also organises 'free fairs', massive swaps held in Buenos Aires Parks where people can bring something they don't use and swap it for something that hopefully they will.

"I've come here to check out the 'Gratiferia', a fair where everything is free, and where the slogan is "Bring what you like, or nothing, and take what you want, or nothing. The aim is to make people aware that there's an abundance of stuff in the world and we should be sharing it instead of buying it"

Guido shares that philosophy - he gives classes on his allotment to teach people to grow their own food.

"People are always talking about some kind of utopian change, but we don't even need to organise a revolution or bring down the system, but change people's consumer habits"

Guido created this allotment from wasteland in 2001 - now, it's home to medicinal plants, tomatoes, salad and squash.

He hopes to share what he's learnt with as many people as possible - so help them all to shop less.

"I think that if people come here, learn something and leave with new ideas, we've fulfilled our aim"

Freeganism might be a bit extreme for most people here in Argentina - but the idea of more sustainable consumption is slowly taking root.