

Document 1

What's the best plan for a radical new workday?

While some of these proposals to shake up the structure of work simply focus on giving employees a little more flexibility, a few are more dramatic. Some work and productivity experts are proposing that we blow up the notion of working five days or
5 setting standard hours and workplaces altogether. If companies and workers rally around these big ideas, they'll create a world of work that looks very different than it did a year ago.

Three days in the office, two days remote and two days off. That's the premise behind '3-2-2', a new work-structure proposal from academics Lauren C Howe,
10 Ashley Whillans and Jochen I Menges. The emphasis on flexibility is key here, as workers choose the set-up that works best for them and mould their days around their personal schedules. [...]

One reason is that our relationship with productivity has evolved in an unexpected way that perhaps only the pandemic could have catalysed: many are finding that
15 while working remotely they've been more efficient, not needing five full days to get their work done. A survey from US jobs site FlexJobs showed that 51% of respondents reported being more productive at home – even working parents.[...]

Adapted from *bbc.co.uk* 18th January 2021

Document 2

A wristband that tells your boss if you are unhappy

20 [...]The gadget, which links to a mobile phone app and web interface, has two buttons, one yellow and one blue. The idea is that you press the yellow one if you are feeling happy, and the blue one if you are sad.

Aimed at companies who wish to monitor the wellbeing of staff who are working from home.[...]

25 With depression and anxiety estimated to have cost the global economy \$1 trillion (£730bn) per year in lost productivity before the pandemic, according to the World Health Organization, mental health in the workplace has long been a concern. However, Covid-19 lockdowns and home working appear to have worsened the issue. [...]

30 "Those who prioritize staff wellbeing are more likely to report more productive staff, who are less likely to need time off sick or leave... altogether," says Emma Mamo, Mind's head of workplace wellbeing. [...]

Adapted from *bbc.com*

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Document 3



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