**WHAT MAKES A HERO ?**

**Transcript**

Source : <https://www.youtube.com/watch?v=Hhk4N9A0oCA>

What did Harry Potter, Katniss Everdeen and Frodo all have in common with the heroes of ancient myths?

What if I told you they are all variants of the same hero? Do you believe that ? Joseph Campbell did. He studied myths from all over the world and published a book called the hero with a thousand faces, retelling dozens of stories and explaining how each represents the mono myth or hero's journey.

So what is the hero's journey? Think of it as a cycle the journey begins and ends in the hero's ordinary world but the quest passes through an unfamiliar, special world. Along the way there are some key events. Think about your favorite book or movie does it follow this pattern ?

Status quo, that's where we start.

One o'clock call to adventure the hero receives a mysterious message, an invitation, a

challenge.

Two o'clock. Assistance. The hero needs some help. Probably from someone older wiser.

Three o'clock, departure. The hero crosses the threshold from his normal safe home and enters the special world and adventure.

We're not in Kansas anymore.

Four o'clock, trials. Being a hero is hard work our hero solves a riddle, slays a monster, escapes from a trap.

Five o'clock. Approach. It's time to face the biggest ordeal, the hero's worst fear.